



CORPORATE RETREAT

Team-Building Retreat (3 Nights / 4 Days)

Arrival & Connection

DAY 01

- 2:00 PM – 5:00 PM | Check-in & Welcome Cocktail Hour
- 5:00 PM – 6:30 PM | Opening Circle & Icebreaker Activities
- 6:30 PM – 7:00 PM | Rest & Recharge
- 7:00 PM – 8:30 PM | Group Dinner/Blue Zone Cuisine
- 8:00 PM – 9:30 PM | Campfire & Storytelling (Optional Night Activity)

Building Trust & Collaboration

DAY 02

- 6:30 AM – 7:30 AM | Yoga
 - 7:30 AM – 8:30 AM | Breakfast
 - 8:30 AM – 10:30 AM | Team-Building Challenge (Outdoor or Indoor Activity)
 - 10:30 AM – 10:45 AM | Break & Snacks with Old School Brews Vintage Coffee Camper
 - 10:45 AM – 12:30 PM | Workshop: Effective Communication & Problem-Solving
 - 12:30 PM – 2:00 PM | Food Truck & Free Time (Poke, Taco, Pizza)
 - 2:00 PM – 4:00 PM | Adventure Activity (Hiking, Kayaking, or Ropes Course)
 - 4:00 PM – 4:30 PM | Break & Snacks
 - 4:30 PM – 6:00 PM | Guest Speaker Session
 - 6:30 PM – 8:00 PM | Group Dinner/Pacific Northwest Feast
 - 8:00 PM – 9:30 PM | Game Night & Social Hour
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Strengthening Connections

DAY
03

- 7:00 AM – 7:30 AM | Sound Bath Meditation
- 7:30 AM – 8:30 AM | Breakfast
- 8:30 AM – 10:30 AM | Team Strategy Session & Reflection
- 10:30 AM – 10:45 AM | Break & Snacks with Old School Brews Vintage Coffee Camper
- 10:45 AM – 12:30 PM | Creative Collaboration Activity (Art, Cooking, etc.)
- 12:30 PM – 2:00 PM | Comfort Food Lunch & Free Time (Short ribs, potato salad, roasted corn on the cob)
- 2:00 PM – 4:00 PM | Outdoor Group Challenge
- 4:00 PM – 4:30 PM | Break & Snacks
- 4:30 PM – 6:00 PM | Closing Reflections & Action Planning
- 6:30 PM – 8:00 PM | Farewell Dinner & Celebration/Italian Family-Style In the Gym
- 8:00 PM – 9:30 PM | Bonfire & Relaxation Time

Departure

DAY
04

- 7:00 AM – Yoga
- 7:30 AM – 8:30 AM | Breakfast
- 8:30 AM – 9:30 AM | Quick outdoor Reflection Walk or Mindfulness session
- 10:00 – 10:45 AM | Final Thoughts & Gratitude Circle
- 11:00 AM | Check-out & Departures

Other Activities:

Head to Morton / 15 minute drive for Coffee and awesome baked goods at Main Avenue Coffeehouse & Bakery

Choose a Day Trip to Mt. Rainier

- Rent a School Bus from First Student for the excursion.
- Fishing on Mineral Lake
- Head to Elbe and take a train ride and visit the Market
- Railcycle Mt. Rainier
- Eatonville is 20 minutes for additional restaurants